

(シンポジウム：香粧品とは)

「メイクアップの効用」

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Effects of Make Up

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Abstract

Recently, remarks on cosmetic harm are drawing public attention through television and magazines, causing anxiety to the users of cosmetics. Such remarks are made only in terms of a certain physical portion, the skin. The problem here is that they take cosmetics to task for being harmful and give no chance for argument.

Most sicknesses today are caused from mental sickness, and they eventually cause troubles to the skin. I would like to view the effects of make-up from such psychological aspect.

There are differences in extent and in recovery of fatigue between two conditions of “make-up” and “non make-up”. (flicker test, two-point discrimination test, color naming test). Moreover, when make-up and hair dressing are advised and applied to leucoderma or harelip patients after surgery, they not only look prettier but also be cheerful gradually.

We operate Medical Soin Esthetique as a post-operative rehabilitation of plastic and reconstructive surgery and are also gaining good results in recovery of skin sensation and skin color. Thus, we feel the necessity of dealing with the mental aspects of make-up and of researching effects of make-up to emotional stability and mental health.