

(シンポジウム：香粧品とは)

皮膚科医からみたメーキャップ

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Make-up from View of Dermatologist

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Abstract

Make-up is not useful to keep physical conditions, but almost all woman make up her face for the purpose of trimming neat her appearance.

Cosmetics should not be used to irritated skin, but some patients with skin pigment disorders can use cosmetics.

Now I will present basic form of make-up to healthy and unhealthy skin.

Basic form of healthy skin make-up was presented in Table 1: to oily skin, you must avoid the oil rich products, to neutral skin, you must select the products fitting to your skin conditions, and to dry skin, you must keep in your mind to protect your skin from overdrying.

Basic form of unhealthy skin make-up was presented in Table 2: to birth-mark, you can cover the mark with make-up foundation by color control, to chloasma, you can protect the pigmented skin from sun-light and keep the patient's psychosomatic stability with make-up foundation, to fleckle, you may take the same way with chloasma, to pigmented contact dermatitis, after curing of inflammation with at least 2 weeks interval, you may start cosmetic use with patch test and usage test, to contact dermatitis, you should not use cosmetics, and to acne, you must avoid the oil rich products and make up with lotions and face powder.