

(シンポジウム)

「皮膚科医と化粧品研究者とのクロストーク」

しみ、そばかすと日やけ後のしみ、そばかす
——医学部学生と看護専門学校生に対する
アンケート調査結果から——

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Chloasma and Ephelides

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Abstract

The term, “chloasma and/or ephelides after sun burn” has been widely used for the various UV-induced cutaneous hyperpigmentations in the middle-aged and/or elderly ladies in Japan. In this study, we investigated that how the young people, such as medical school and nursing college students, understand chloasma, ephelides and the strange term, “chloasma or ephelides after sun burn,” by means of questionnaire. They recognized the difference among chloasma and ephelides from the size of hyperpigmented frecks, but 20% of nursing college students could not imagine ephelides. Although they differentiated “chloasma after sun burn” from “ephelides after sun burn” in the viewpoint of the freck size, 38% of medical and 55% of nursing students could not understand the strange term.

Key words: chloasma, ephelides, chloasma and/or ephelides after sun burn, questionnaire, medical school and nursing college students.