

〈シンポジウム〉

(評価法の標準化は如何にあるべきか)

皮膚科医の立場から

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Standardization of the Method for Evaluation of the Function of Cosmetics Suggestion from a Dermatologist

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Abstract

Many dermatologists in this country seem to reluctantly recommend their patients so-called functional cosmetics or over-the-counter drugs for skin problems such as xerosis, male-pattern baldness, and pigmented spots on the face, since there are few drugs, being covered by health insurance, available for prescription. I hope that manufacturers of these products carry out comparative, randomized clinical studies in cooperation with dermatologists and demonstrate actual efficacy of them in order to convince these dermatologists of the efficacy of such products. To achieve this goal, it is necessary to unify both terminology and definition of skin disorders or problems that appear different between dermatology and cosmetology. It is also required to develop standardized methods for better evaluation of the efficacy of products in both morphological and physiological aspects.

Key words: dermatology, cosmetology, randomized study, standardized method.