

〈シンポジウム〉

化粧品に心の豊かさを求めて

メディカルケアメイクの有用性

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Usefulness of Medical Care Makeup

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Abstract

Decorative cosmetic (makeup) is one of the methods to hide facial skin symptoms. It has been commonly used on the inactive skin lesions like port wine stains and nevus of Ota. Recently it is also applied on the sites with active skin diseases like atopic dermatitis and acne. Application of cosmetics is prospected to be the most prompt way to achieve the improvements of QOL. To use cosmetic materials on the active lesions of skin diseases, collaboration with dermatologists and cosmetic advisers are required. Also the cosmetic materials should be safe and should not aggravate the skin symptoms. To get the evidence of safety and effect of cosmetic camouflage on active skin lesions, we did clinical trail with acne patients. Our results showed that designated makeup application greatly and rapidly improved the QOL of acne patients without interfering with acne treatments. I will call these kinds of makeup as medical care makeup that are performed by cosmetic advisers in cooperation with dermatologists. Cosmetic companies and dermatologists should cooperate with each other for medical care makeup to improve the patients' QOL.

Key words: medical care makeup, acne, cosmetics, quality of life, atopic dermatitis.