

〈教育セミナー〉

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シミの皮膚科学からケアと予防を考える

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Dermatology-Based Skincare and Prevention of Pigmented Spots

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Abstract

To have better-understanding of dermatology-based skincare and prevention of pigmented spots, melanocyte development, mechanisms of pigmentation, and features of common pigmented diseases such as melasma, symmetrical dermal melanocytosis and solar lentigo were described. For skincare and prevention of those diseases, whitening agents were classified according to their function mechanisms and how to use the agents and several kinds of sunscreen were also described.

Key words: pigmented spots, malasma, solar lentigo, symmetrical dermal melanocytosis, whitening agents.