

〈シンポジウム II〉

『皮膚感覚が心を育む』

鍼灸医学からみた皮膚

矢野 忠

Significance of the Skin in Acupuncture and Moxibustion

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Abstract

Acupuncture originated in China and had been brought to Japan in AD562. The acupuncture and moxibustion medicine had then been modified to suit with physiological constitution of Japanese and developed as a traditional Japanese Medicine, which is accepted nowadays. Characteristics of the acupuncture and moxibustion is simply expressed that the medicine is based on the hypothesis that zang fu organ-meridian point system exists on the body surface. In other words, an unique understanding of the skin is the most specific character of the acupuncture and moxibustion. In this paper, I mentioned some possible function of the skin, focusing on the zang fu organ-meridian point system and researches on the system. Although substance of the zang fu organ-meridian point system have not clearly proved, I believe that a new body-surface-medicine can be developed through researches using latest scientific method which is utilized in the field of skin science or brain science, which may accept the theory as a hypothesis in tradition. It is possible to accelerate development of new medicine of which the examination and the treatment are both performed on the body surface and encourage natural healing process.

Key words: acupuncture, moxibustion, meridian, skin.