

〈シンポジウム II〉

『おとこ力を考える』

男をつくる男性ホルモン

堀江重郎

**Testosterone Makes Men**

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**Abstract**

Recently, the role of testosterone for men's health has been reappraised. Several lines of evidence have shown that the level of testosterone might function as a surrogate marker as an index for the susceptibility of diseases. Indeed men with higher testosterone level are likely to enjoy the longevity. Furthermore the function of testosterone in the socio-economical aspects is now appreciated. The level of testosterone should be monitored in men to maintain their health and social activities.

**Key words:** testosterone, metabolic syndrome, vasopressin, longevity.