

〈シンポジウム II〉

『光老化の予防と対策最前線』

皮膚科診療における光老化の治療

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The Treatment of Photoaging Skin in Dermatology

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Abstract

Photoaging skin is characterized with a combination of physical findings including skin pigmentation, wrinkles, telangiectasias, and texture roughness. The treatment of these changes comprises nonablative and ablative fractional resurfacing lasers, topical retinoids, and Intense Pulsed Light (IPL) therapy. Topical retinoids are effective in the treatment of wrinkling. IPL therapy improves various clinical symptoms of photoaging skin. IPL therapy is useful to treat solar lentigines and ephelides on the face.

Key words: Intense Pulsed Light, photoaging, skin pigmentation, wrinkles.