

〈教育セミナー〉

おしゃれで安心な香粧品とは？

## 敏感肌用化粧品の開発に関する Review

針谷 毅

### A Review of Cosmetic Products for Sensitive Skin

Takeshi HARIYA

#### Abstract

The first cosmetics designed for sensitive skin were born as a result of collaboration between dermatologists and company researchers. In the 1970s, cosmetics for sensitive skin had been positioned as a specific product for women recovered from skin disease. At the present, because the definition of sensitive skin is spreading, these cosmetics are also used by a woman with seemingly normal skin. In this paper, we proposed that so-called sensitive skin can be classified into some types from skin symptom. Endogenous and exogenous stimuli/stress induced the exacerbation of skin condition in these types of sensitive skin. Disturbance of lifestyle increase among the modern women and occasionally induce a variety of skin problems. We suggest that skin problems caused by disturbance of lifestyle are the characterization of the modern “sensitive skin.” Therefore, we discuss that the modern “sensitive skin” is distinguished from “dermatological or chronic sensitive skin” like atopic dermatitis. Recently, women claiming “sensitive skin” tend to request the use of effective and fashionable cosmetics. Our mission is to meet the needs of modern women with sensitive skin without compromising the safety of products.

**Key words:** sensitive skin, cosmetic products, life style, barrier function, safety evaluation.