

〈教育セミナー〉

アクセサリーオーガンとオーラルケアの香粧品学～エチケットのサイエンス～

口腔から考える全身の抗加齢医学

斎藤 一郎

**Recent Advances in Anti-aging Dental Medicine**

Ichiro SAITO

**Abstract**

Anti-aging medicines are defined as agents which allow retention of health and youthfulness while growing older. The aim of this innovative arm of medicine is not simply to extend the life span, but to prevent age-associated physical and mental decline and maintain a high quality of life, thus enabling continued social productivity. Instruction on health enhancement and therapy based on anti-aging health care, namely anti-aging medicine, is now a concrete measure in the Ministry of Health, Labour and Welfare's goal of its "Healthy Japan 21" campaign to promote better health in the 21st century. It is to be hoped that evidence-based anti-aging medicine will be widely implemented in the future.

**Key words:** anti-aging, dental medicine, oral health care, saliva.