

〈教育セミナー〉

アクセサリーオーガンとオーラルケアの化粧品学～エチケットのサイエンス～

にきびを知る

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Understanding of Acne

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Abstract

Acne eruptions can be categorized as comedones which are not associated with inflammation or erythematous papules and pustules which are associated with inflammation. The pathogenic mechanism is also roughly categorized as a comedo-forming process or an inflammation-aggregating process. Treatment should be considered according to the presence and absence of inflammation and performed by either alone or in combination of the following treatments: treatment with external medication, treatment with internal medication, and physical treatment. Needless to say, it is important to give advices to patients on their lifestyles such as facial cleansing.

Key words: acne vulgaris, pathogenesis, *Propionibacterium acnes*, comedo formation, induction of inflammation, therapy.