

〈教育シリーズ〉

化粧品を扱う人々が知っておきたい皮膚障害と化粧の有用性～臨床現場から～

皮膚障害の具体例： スキンケア製品・洗浄剤(顔)

杉浦真理子*, 杉浦啓二

Skin Disorders Due to Skin Care Products/Face Cleansers

Mariko SUGIURA*, Keiji SUGIURA

Abstract

Skin disorders caused by skin care products and cleansers, especially allergic contact dermatitis, are described from 2 cases, interviews, symptoms, examination, diagnosis, and daily life guidance until the identification of the causative agent.

A detailed medical interview is necessary in order to perform an accurate examination, identify the causative allergen, make a diagnosis, and provide daily life guidance. If allergic contact dermatitis caused by skin care products or detergents is suspected from the interview, a skin test is performed to identify the causative allergen. Daily life guidance is to provide information on avoidance of causative allergens, methods of confirming causative allergens, and alternatives. Prevention of recurrence is of utmost importance.

Case 1 was diagnosed as allergic contact dermatitis due to beeswax, methylisothiazolinone, propynyl butylcarbamate iodide, and perfume during cleanser. Case 2 was diagnosed as paraben-induced allergic contact dermatitis.

Key words: contact dermatitis, skin care product, cleanser, patch testing, Japanese baseline series.