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〈シンポジウム〉

化粧品に心の豊かさを求めて

メイクアップの有用性

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Usefulness of Makeup

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Abstract

Makeup is known to provide psychological effects as well as to change the appearance aesthetically. In the recent research, its influence on the endocrine system has been clarified. This article discusses effects of makeup on the skin and the mind, and investigates its utility.

Key words: makeup, psychological effects, endocrine system, stress.