

〈ノート〉

## アトピー性皮膚炎，脂漏性皮膚炎患者を対象とした固形石鹸の使用試験

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### **Safety and Usefulness of the Use of Solid Soap in Patients with Atopic Dermatitis and Seborrheic Dermatitis**

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#### **Abstract**

We investigated the safety and usefulness of transparent solid soaps in parallel with ongoing treatment in patients with mild to moderate atopic dermatitis and seborrheic dermatitis with symptoms on the face. The soap is designed to be low in stimulation to the skin. Although there were no severe adverse effects, a minor one was noted related to the soap. One of the subjects discontinued the test product due to worsening of itching and eczema. After using the soap for four weeks, a significant improvement in the symptoms of drying and lichenification was observed. The visual analog scale score related to the skin condition also significantly improved, compared to that during the start of the study. In the questionnaire-based test response, approximately 90% of the subjects liked the feeling of using the soap. Overall, this study indicated that the investigated solid soap was safe and did not hamper the ongoing treatment.

**Key words:** atopic dermatitis, seborrheic dermatitis, soaps.