

〈教育シリーズ〉

化粧品を扱う人々が知っておきたい皮膚障害と化粧の有用性～臨床現場から～

脱毛症疾患における化粧品の有用性

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**Usefulness of Cosmetics in Alopecia Disease**

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**Abstract**

Alopecia symptoms are a disease that takes a long time to treat and is often intractable. It is often not itchy or painful, but it is a troublesome condition that significantly reduces quality of life, reduces the range of activities, causes emotional stress, affects school life, and imposes physical and mental restrictions on all aspects of human life, including love, friendships, and sports. Since it takes time for treatment to make the results, the main response in the meantime is to use wigs and cosmetics, which in many cases have significantly improved quality of life. This paper outlines various methods of coping with the condition, including wigs, cosmetics, hair growth products, and art makeup.

**Key words:** alopecia areata, androgenetic alopecia, eye-make-up, medical makeup, hair straightening.